

# What's so special about slowpitch softball?



## Who plays slowpitch softball?

Slowpitch softball is a game for everyone. Men and women of all ages and abilities play together, at the same level. It's a great way to get fit, but you don't have to be a natural athlete – it's more about skill than endurance.

## What are the differences between slowpitch & fastpitch softball?

In slowpitch softball, the ball is pitched slowly to the batter with an underarm motion, so it's much easier to hit than in fastpitch. There's a lot of action for the fielders, a lot of baserunners and a lot more runs scored.

## Do many people play?

Fastpitch softball is the largest format in Europe, but slowpitch softball is gaining in popularity. It's brilliant for company teams, university teams or just groups of friends.

## Is it easy to get started?

Very. You don't need to buy expensive equipment and coaches from your local club or national softball federation can teach the game to beginners and help you find a team to play for.

## Where and when are games played?

As a summer sport, slowpitch softball is usually played outside – it's a great way to do something active in the open air.

Most slowpitch leagues play games once a week, either on weeknights after work or at weekends. There are also occasional weekend tournaments.

## How seriously do people take it?

For most players, slowpitch softball is as much a social event as a sporting one. While everyone enjoys the competitive buzz, it's also about having fun with your friends – and making new ones. And the post-match drink is a well-established tradition!

But slowpitch is also being taken more seriously as a competition sport, with European Slowpitch Championship and European Slowpitch Cup tournaments drawing increasing numbers of entries.

## Local Contact:

or contact: [development@europeansoftball.org](mailto:development@europeansoftball.org)

